
	31st July to 4th August 2017	7th August to 11th August 2017	14th August to 18th August 2017	21st August to 25th August 2017	28th August to 1st September 2017
Monday	<p>31st 11 am Open Coffee Morning</p> <p>Family Arts & Crafts 11 am—1 pm</p> <p> 2.—4 pm Family Boccia Diorama arts centre</p>	<p>7th 11 am BOSS BABY Bring the grandchildren</p> <p>2.—3 pm Family Boccia</p> <p>Music & Movement 3—5 pm with Emma Diorama arts centre</p>	<p>14th Family Arts & Crafts 11 am—1 pm</p> <p>2.—3 pm Family Boccia</p> <p>Music & Movement 3—5 pm with Emma Diorama arts centre</p>	<p>21st Grandchildren's Show 11 am—1 pm</p> <p>2.—3 pm Family Boccia</p> <p>Music & Movement 3—5 pm with Emma Diorama arts centre</p>	<p>28th</p> <p>BANK HOLIDAY</p>
Tuesday	<p>1st 11—12 Men's Walking Football</p> <p>12.00 —1pm Chair-based Exercise</p> <p>1 pm community cafe</p> <p>Learn to Sing! 3—4.30 pm</p>	<p>8th 11—12 Men's Walking Football</p> <p>12.00 —1pm Chair-based Exercise</p> <p>1 pm community cafe</p> <p>Learn to Sing! 3—4.30 pm</p>	<p>15th 11—12 Men's Walking Football</p> <p>12.00—1 pm Chair-based Exercise</p> <p>PAMPERING 1.30-4.30pm</p> <p>Learn to Sing! 3—4.30 pm</p>	<p>22nd 11—12 Men's Walking Football</p> <p>12.00—1 pm Chair-based Exercise</p> <p>1 pm community cafe</p> <p>Learn to Sing! 3—4.30 pm</p>	<p>29th 11—12 Men's Walking Football</p> <p>12.00 —1pm Chair-based Exercise</p> <p>1 pm community cafe</p> <p>2- 4 pm HAWAIIAN TEA DANCE with David Carter</p>
Wednesday	<p>2nd 10-12 Women's Sewing Club</p> <p>Men's Shed Health Workshop 11 am—1 pm with Philomena</p> <p>2.30-4.00 pm BINGO CLUB</p> <p>At the Crypt Centre</p>	<p>9th 10-12 Women Sewing Club</p> <p>Men's Shed Health Workshop 11 am—1 pm with Philomena</p> <p>2.30-4.00 pm BINGO CLUB</p> <p>At the Crypt Centre</p>	<p>16th 10-12 Women Sewing Club</p> <p>Men's Shed Health Workshop 11 am—1 pm with Philomena</p> <p>2.30-4.00 pm BINGO CLUB</p> <p>At the Crypt Centre</p>	<p>23rd 10-12 Women Sewing Club</p> <p>Men's Shed Health Workshop 11 am—1 pm with Philomena</p> <p>2.30-4.00 pm BINGO CLUB</p> <p>At the Crypt Centre</p>	<p>30th 10-12 Women Sewing Club</p> <p>Men's Shed Health Workshop 11 am—1 pm with Philomena</p> <p>2.30-4.00 pm BINGO CLUB</p> <p>At the Crypt Centre</p>
Thursday	<p>3rd Women & Men's Walks</p> <p>KENWOOD HOUSE TRIP Advance booking essential</p> <p>2 pm Third Age Cinema WILD OATS M</p> <p>At the Crypt Centre</p>	<p>10th Women & Men's Walks</p> <p>HOLLAND PARK TRIP Advance booking essential</p> <p>2 pm Third Age Cinema HIDDEN FIGURES</p> <p>At the Crypt Centre</p>	<p>17th Women & Men's Walks</p> <p><u>Start from Greenlight</u></p> <p>Coach Trip To Broadstairs & the Folk Festival 9 am—7 pm</p>	<p>24th Women & Men's Walks</p> <p>V & A MUSEUM TRIP Advance booking essential</p> <p>2 pm Third Age Cinema Going in Style M</p> <p>At the Crypt Centre</p>	<p>31st Women & Men's Walks</p> <p>KEW GARDENS TRIP Advance booking essential</p> <p>2 pm Third Age Cinema The Time of Their Lives</p> <p>At the Crypt Centre</p>
Friday	<p>4th</p> <p>Bollywood for Beginners 2-4 pm Diorama Arts Centre</p> <p>Men's Club 1.30-4.15 pm at Crypt</p>	<p>11th</p> <p>Bollywood for Beginners 2-4 pm Diorama Arts Centre</p> <p>Men's Club 1.30-4.15pm at Crypt</p>	<p>18th</p> <p>Men's Club 1.30-4.15pm at Crypt</p>	<p>25th</p> <p>Bollywood for Beginners 2-4 pm Diorama Arts Centre</p> <p>Men's Club 1.30-4.15 pm at Crypt</p>	<p>1st</p> <p>Bollywood Show 2-4 pm Diorama Arts Centre</p> <p>Men's Club 1.30-4.15 pm at Crypt</p>

Forthcoming Films

Wild Oats

Thursday 3rd August

HIDDEN FIGURES

Thursday 10th August

Films starts at 2 pm

GOING IN STYLE

Thursday 24th Aug



Coach Trips 2017



**Broadstairs
+ Folk Festival**

Thursday
17th August 2017
9 am—7 pm approx.

**Family Arts &
Crafts + Gardening**

Mondays
11 am—1 pm

Starting 24th July



Crypt Centre



**Learn
to Sing!**

with Stac

Tuesdays

3.00 -4.30 pm

Crypt Centre



**WOMEN'S
SEWING CLUB**

with Sayeda

**10—12
Wednesdays**

Crypt Centre

**Music
& Movement**

with Emma Weir

Mondays
3.00 -5.00 pm



Diorama Arts

**Men's Shed
Health & Fitness Workshops**

with Philomena Chacko

Wednesdays
11 am—1 pm

with free healthy lunch

During August 2017

Crypt Centre



**Men's
Walking Football**

with Shaun Taylor

11 am -12.30 pm

Tuesdays



Samuel Lithgow Youth Centre

WALKING FOOTBALL

Third Age Project

Shortlisted for Guardian Charity Awards 2016



1997—2017

AUGUST 2017



with **Melia White House Hotel**

**Hawaiian
Tea Dance**

David Carter

2—4 pm

Tuesday 29th August 2017

Esther Randall Court

**20 Bollywood
for Beginners 20**

Archita Kumar &
Manuela Benini

Fridays
2—4 pm

Come &
have a great
time!



Diorama Arts Centre



Coach Trips 2017

**Historic City
of Norwich
+ Market**



Thursday

14th September 2017

9 am—7 pm (approx.)



**Family
Boccia**

All Welcome!

MONDAYS

2.00-3.00 pm

Diorama Arts Centre



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Membership only £10 per year must be 60+ and a Camden resident