


	26th June to 30th June 2017	3rd July to 7th July 2017	10th July to 14th July 2017	17th July to 21st July 2017	24th July to 29th July 2017
Monday	<p>26th 11 am Open Coffee Morning 10.30-11.30 Tennis Coaching SLYC 10.30-12.30 Homecrafts with Uni</p> <p> 2.30—4 pm Boccia Diorama arts centre</p>	<p>3rd 11 am Open Coffee Morning 10.30-12.30 Homecrafts with Uni</p> <p>Boccia Tournament 2—4 pm Diorama Arts Centre</p>	<p>10th 11 am Open Coffee Morning 10.30-12.30 Homecrafts with Uni</p> <p> 2.30—4 pm Boccia Diorama arts centre</p>	<p>17th 11 am Open Coffee Morning 10.30-11.30 Tennis Coaching SLYC</p> <p> 2.30—4 pm Boccia Diorama arts centre</p>	<p>24th 11 am Open Coffee Morning</p> <p>Family Arts & Crafts + Gardening 11 am—1 pm Crypt Centre</p> <p>2.00—4 pm Family Boccia Diorama arts centre</p>
Tuesday	<p>27th 11—12 Men's Walking Football 10.am—12.00 noon Crafts with Zoe 12.00 —1pm Chair-based Exercise 1 pm community cafe</p> <p>2—4 pm QUIZ & GAMES</p>	<p>4th 11—12 Men's Walking Football 12.00—1 pm Chair-based Exercise 1 pm community cafe</p>	<p>11th 11—12 Men's Walking Football 10.am—12.00 noon Crafts with Zoe 12.00—1 pm Chair-based Exercise 1 pm community cafe</p> <p>2—4 pm QUIZ & GAMES</p>	<p>18th 11—12 Men's Walking Football At the Crypt Centre 12.00—1 pm Chair-based Exercise</p> <p>Pampering Event 1.30—4.30 pm M</p>	<p>25th 11—12 Men's Walking Football At the Crypt Centre 12.00 —1pm Chair-based Exercise 1 pm community cafe</p> <p>2—4 pm QUIZ & GAMES</p>
Wednesday	<p>28th 60+ Health Club Why Make a Will? 12—1 pm Joshua Ryan HJA 1.00—2.00 pm English Club 2.30-4.00 pm BINGO CLUB At the Crypt Centre</p>	<p>5th 60+ Health Club Men's Shed 10am Health Talk 12.00 10.30-1.30 Jewellery with Uni 1.00—2.00 pm English Club 2.30-4.00 pm BINGO CLUB At the Crypt Centre</p>	<p>12th 60+ Health Club Men's Shed 10am Health Talk 12.00 10.30-1.30 Jewellery with Uni 1.00—2.00 pm English Club 2.30-4.00 pm BINGO CLUB At the Crypt Centre</p>	<p>19th 60+ Health Club Men's Shed 10am Health Talk 12.00 1.00—2.00 pm English Club 2.30-4.00 pm BINGO CLUB At the Crypt Centre</p>	<p>26th Men's Shed Health Workshops 11 am—1 pm 2.30-4.00 pm BINGO CLUB At the Crypt Centre</p>
Thursday	<p>29th Women & Men's Walks <u>Start from Greenlight</u> 2 pm Third Age Cinema HATTON GARDEN JOB At the Crypt Centre</p>	<p>6th Women & Men's Walks <u>Start from Greenlight</u> 20th Anniversary Dance sponsored by British Land 2—4.30 pm Diorama Arts Centre</p>	<p>13th Women & Men's Walks <u>Start from Greenlight</u> 20th anniversary Thames Boat trip Windsor to Marlow 9 am—7 pm</p>	<p>20th Women & Men's Walks <u>Start from Greenlight</u> 2 pm Third Age Cinema SULLY M At the Crypt Centre</p>	<p>27th Women & Men's Walks <u>Start from Greenlight</u> Dance Tasters 2.30—5 pm Exciting new project Venue: British Museum</p>
Friday	<p>30th 11am-1pm Costume Workshop 10.30 am -12.30pm ESOL Deepak 2-4 pm Country Dancing at DAS Men's Club 1.30-4.15 pm at Crypt</p>	<p>7th 10.30 am -12.30pm ESOL Deepak 2-4 pm Country Dancing at DAS Men's Club 1.30-4.15pm at Crypt</p>	<p>14th 10.30 am -12.30pm ESOL 2-4 pm Country Dancing at DAS Men's Club 1.30-4.15pm at Crypt</p>	<p>21st 10.30 am -12.30pm ESOL Deepak 2-4 pm Country Dancing at DAS Men's Club 1.30-4.15 pm at Crypt</p>	<p>28th Bollywood for Beginners 2-4 pm Diorama Arts Centre Men's Club 1.30-4.15 pm at Crypt</p>

Forthcoming Films

Sully

Thursday 20th July

Wild Oats

Thursday 3rd August

HIDDEN FIGURES

Thursday 10th August

Films starts at 2 pm



Coach Trips 2017



**Broadstairs
+ Folk Festival**

**Thursday
17th August 2017
9 am—7 pm approx.**

**Family Arts &
Crafts + Gardening**

**Mondays
11 am—1 pm**

Starting 24th July



Crypt Centre



**Everybody
can Sing!**

Taster sessions
with Stac

**Tuesdays
3-4.30 pm**

Starting 1st August

Crypt Centre

**Family
Boccia**

with Juan Manning

**Mondays
2-3pm**

Starting 24th July

Diorama Arts Centre

**Music
& Movement**

with Emma Weir

**Mondays
3-5 pm**

Starting 7th August

Diorama Arts Centre

**Men's Shed
Health & Fitness Workshops**

with Philomena Chacko

**Wednesdays
11 am—1 pm**

with free healthy lunch

Starting 26th July 2017

Crypt Centre



**Men's
Walking Football**

with Shaun Taylor

11 am –12 noon

Tuesdays

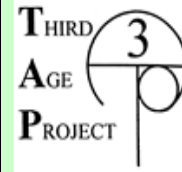
Samuel Lithgow Youth Centre



**Third Age Project, Crypt Centre, Munster Square,
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twitter@ThirdAgeProject www.facebook.com/third-age-project

Charity No. 1108521 Company No. 04715685



Third Age Project

Shortlisted for Guardian Charity Awards 2016

1997—2017



JULY 2017

**Bollywood
for Beginners**

with Archita Kumar

Fridays 2—4 pm

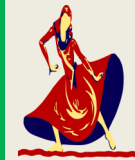
Starting 28th July 2017



Diorama Arts Centre



**British Land
Community Volunteering Day**



2—4.30 pm

Thursday 6th July 2017

20th Anniversary Dance

Diorama Arts Centre



Coach Trips 2017



**Our private chartered boat
Royal Windsor
to Marlow**

Thursday 13th July 2017

£25 all inclusive per member



Camden Borough League



Boccia Tournament

2—4.30 pm

Monday

3rd July 2017

Diorama Arts Centre



**Crypt Centre, Munster Sq London NW1 3PL Phone: 020 7383 4922
www.thirdageproject.org.uk info@thirdageproject.org.uk**

Membership only £10 per year must be 60+ and a Camden resident